



toasted sourdough with house-made preserves	7
goji and cacao granola, kenilworth yoghurt, blueberry compote	13
raisin and sourdough pudding, caramelised banana, crisp prosciutto, maple syrup	20
walker farm frittata, hazelnuts, chargrilled red pepper, whipped feta	21
smoked ocean trout, sweetcorn fritter, wasabi avocado puree, poached eggs, watercress	25
roasted wild mushrooms, truffled scrambled egg, cream cheese and chive, toasted brioche	21
thick cut bacon, walker farm eggs your way, sun-dried tomato and toasted sourdough	22

koko coffee roasters glossy black 4.5

glossy black is the coffee blend at all spicers retreats. it is a unique blend developed for us by our friends at koko coffee roasters, and available for purchase at spicers retreats. beans can be purchased here with \$5 from all sales going towards protecting the endangered glossy black cockatoo and it's habitat

full cream, skim, soy, lactose free and almond milk available

chamellia tea 4.5

english breakfast

ceylon black tea, strong assertive finish

earl grey

ceylon black tea with spanish bergamot oil & cornflowers

chamomile

sweet, honey-like tisane

masala chai

black tea with organic spices

liquorice fennel, egyptian peppermint, liquorice finish

gunpowder

china green tea with a slight smokiness

lemongrass

sri lankan lemongrass with gingery spice

peppermint

egyptian peppermint

rooibos

south african mildly fruity herb, caffeine free

juice 4.5

orange

cloudy apple

cranberry

carrot and ginger

pineapple

ruby red grapefruit

guava, orange, passionfruit