

# Spa Anise

DAY SPA

## Welcome to the Spa Anise experience

Every treatment begins with an aromatic compress and a guided meditation

to start you on your spa journey with us.

## Signature Spa Anise Packages

Tamarind Relaxed Luxury for Couples - 2hrs each \$295 PP

**Theme - Rose and guava or spearmint and ginkgo, both with a touch of tranquility**

### Relaxed Luxury Ritual One

- Full body aromatherapy massage tailored for you
- Petit spa facial or power facial - see Extra Spice menu below for details
- Fabulous Feet - a divine foot treatment including exfoliation and balm massage to relieve aching legs and tired feet

### Relaxed Luxury Ritual Two

- 30min aromatherapy back massage tailored for you.
- 60min facial of choice - choose from the Waterlily spa facials
- Healing Hands - a luxurious, age-proofing hand ritual including exfoliation and massage

Blissful Baby Moon - 1.5hrs \$220 PP

**Theme - Nourish your body - lavender, sandalwood, kiwi, raspberry and apple**

Time for you to relax before the baby arrives. Perfect for mums to be from the second trimester onwards. If you are in your first trimester speak to us about other options. Pair this with a 90min massage for your partner.

- A full body pregnancy massage using a luxury prenatal aromatherapy serum with lavender and sandalwood, to nourish skin, relax the mind and release tension
- A soothing petit spa facial to gently cleanse away impurities and restore glow with a brightening fruit gommage containing kiwi, raspberry whipped into pink clay.

# Performance Spa Facials

Our signature performance spa facials integrate the best green and clean advanced actives with omega rich botanicals to provide a corrective solution whilst also age-proofing the skin.

We deliver our treatments tailored to your skin's requirements as well as allowing for ultimate relaxation and peace with beautiful touch points included such as facial massage, neck and décolletage, and a divine hand ritual.

## Anti-Ageing Rose Quartz Spa Facial \$160 pp

**Theme - Rose quartz, rose and jasmine and silk peptides**

Layered with an active heptapeptide-7 complex, anti-ageing vitamins and hyaluronic acid to stimulate collagen, fine lines, wrinkles and pigmentation.

Rejuvenating | Collagen Firming | Smoothing | Lifting | Plumping

**Intensify treatment results with the following enhancements - \$30 each**

- Silk Peptide Butter Double Masque
- Vitamins A Serum Infusion
- Vitamin C Serum Infusion
- Vitamin B3 Serum Infusion

## Brightening Lime Caviar Spa Facial \$160 pp

**Theme - Australian natives lime caviar and Kakadu plum**

Intensified with vitamin C and vitamin E plus ferulic acid to target pigmentation for the ultimate hydration facial for a bright luminous clear complexion.

Clarifying | Brightening | Refining | Hydrating | Revitalising | Antioxidant

**Intensify treatment results with the following enhancements- \$30 each**

- Fruit Firming Butter Double Masque
- Fruit Enzyme Peel
- Vitamin A Serum Infusion
- Vitamin C Serum Infusion
- Superfood Skin Serum Infusion

## Replenishing Spiced Maple Spa Facial \$160 pp

**Theme - Cinnamon, fig, pumpkin and maple**

Deeply nurturing skin treatment layered with vitamin A and an intense infusion of carotene-rich pumpkin, finished with pure maple to deeply nourish and repair.

Nourishing | Repairing | Emollient | Soothing | Comforting | Strengthening

**Intensify treatment results with the following enhancements - \$30 each**

- Honey & Chamomile Calming Double Masque
- Vitamin A Serum Infusion
- Vitamin C Serum Infusion
- Q10-Omega Serum Infusion

## Tamarind's Signature Massage Menu

**All massages include Waterlily's luxury aromatherapy body serums which you may choose on arrival. Be guided by your intuition - whatever you choose will enhance your treatment immensely, effecting body, mind and soul.**

- Peace - Frankincense, bergamot peel, neroli blossom, French lavender, sweet orange, rose geranium
- Joy - Vanilla bean, lime rind, tangerine, red mandarin, frangipani, neroli blossom
- Strength - Lemongrass, ginger, spearmint, black pepper, rosemary, eucalyptus
- Love - Rose petal, sandalwood, blackcurrant bud, rosewood, rose geranium, vanilla bean
- Prenatal (also for sensitive skins) - Shea butter, mandarin rind, sweet orange, French lavender, sandalwood

### Relaxation Massage 90mins \$220

**Our signature relaxation massage harmonises your body's sense and guides you into deep relaxation with calming rhythmic moves, typically for the whole body. A great way to relieve aches and nervous tension, the perfect way to unwind.**

### Hahana Hot Stone Massage 90mins only - \$220

**Allow heated volcanic stones to dissolve away any stress or tension and be transported to another dimension with this deeply restorative technique. A sensory experience to harmonise body and mind. For this experience we use only coconut oil, if you wish to have sandalwood essential oil this can be requested.**

### Aromatic Luxury Back Massage 60mins \$160

**This focuses on the back, neck, shoulders and head for 60mins. Be transported with aromatic hot compresses and calming consistent pressure with this luxurious massage which focuses intensely on the upper body (back neck and shoulders). Perfect for busy professionals needing relief from tension associated with sedentary or computer-based roles.**

### Pregnancy Massage 60mins only - \$160

**Ideal for our pregnant guests from 2nd trimester onwards. We use the Belly Pillow™ or a side-lying pregnancy pillow for your comfort as well as a specially tailored aromatherapy blend. See Blissful Baby Moon for longer packages for mums to be.**

# Extra Spice

**Add these 30 minute treatments to any other treatment on the menu for some extra spice**

These treatments cannot be booked alone but may be added together to create your own spa treatment any way you choose. For example - a Petit Spa Facial, a Fabulous Feet and a Knead More Massage would be a 90min treatment

**Add One for \$85 each | Two for \$80 each | Three for \$75 each**

## **Petit Spa Facial**

A petit facial designed to offer a quick pick-me up to brighten, nourish and revitalise using pure cold-pressed plant oils, fruit extracts, French clay and a hydrating infusion of essential oils.

## **Power Spa Facial**

An innovative facial to reset your skin - either brighten and refine or repair and rejuvenate with cosmeceutical actives for intense results.

## **Revital**

Eyes - A revitalising layered treatment dedicated to the delicate eye area. Skin firmness, elasticity, tone and texture are plumped and reconditioned. Essential for beautiful, fresh, rejuvenated eyes.

## **Healing Hands**

An age-proofing rose and guava hand polish to exfoliate dry, sun damaged skin followed by a restorative hand massage with our signature techniques.

## **Fabulous Feet**

An invigorating spearmint and ginkgo foot polish to exfoliate away dry skin followed by a nourishing balm massage with our signature techniques.

## **Heavenly Hair**

An orange creme treatment hair masque that replenishes and strengthens dry, damaged hair, with aromatic compress and deeply relaxing scalp massage.

## **Knead More Massage**

A tailored aromatherapy relaxation massage focused on where you need it the most to pair with any treatment.

# Botanical Manicure, Pedicures & Foot Treatments

## Deluxe Botanical Manicure with CND vinylux polish 60mins \$160

- An age-proofing rose and guava hand polish to exfoliate
- Aromatic hot towels remove the exfoliant leaving hands soft and ready for nail prep work
- Our signature hand massage to relax and nurture with rose hand treatment
- Nail prep work including cuticles/nails cut and shaped/buffed
- Treatments applied as required for cuticles or nail repair
- Protein bond and CND Vinylux weekly wear polish applied

## Deluxe Botanical Pedicure with CND Vinylux polish 60mins \$160

- An invigorating spearmint and ginkgo foot polish to exfoliate
- Aromatic hot towels remove the exfoliant leaving feet soft and ready for nail prep work
- Our signature massage with spearmint and mango butter balm, using various techniques to relieve aching feet and leave you walking on air
- Nail prep work including cuticles/nails cut and shaped/ dead skin removed
- Treatments applied as required for cuticles or nail repair
- Protein bond and CND Vinylux weekly wear polish applied

Please note that we use best practices and therefore there will be no foot soak prior to a pedicure as it affects cuticles and nail bed and can cause damage.

Please note we do not offer Shellac or Gel-cured polish removal as we cannot guarantee how long it will take or if we will be able to remove it. Please have it removed before you attend your appointment.

## Barefoot Bliss 60 mins \$160 pp

### **Theme - Spearmint and ginkgo biloba**

- A smoothing spearmint and ginkgo foot polish
- Aromatic hot towels remove the exfoliant leaving feet soft and ready for the balm massage
- If requested prior, we can include a nail prep/tidy in this treatment as well
- Our signature massage using different techniques to relieve aching feet and soothe tired legs and leave you walking on air.

-Must be done by a trained beauty therapist, not a massage therapist - check on booking