



menu

WELCOME TO THE SPA ANISE EXPERIENCE

Enjoy the serenity of the lush green rainforest and rolling hills of the hinterland from your own private oasis at Spa Anise, Spicers Tamarind Retreat. The purpose-built day spa boasts four beautifully appointed treatment rooms, a spacious relaxation lounge and luxurious hydrotherapy room including a steam room, rain shower and mineralised spa.

Every Spa Anise guest receives a welcome drink on arrival and exclusive use of our relaxation lounge where complimentary herbal tea is served.

At Spa Anise the focus is on you and your relaxation, whether it be with one of our specially formulated experiences or one of your own creation. Every experience is guided by one of our expert Spa therapists who have your ultimate wellbeing as their primary goal.

We look forward to welcoming you to Spa Anise...

Spa Anise^{*}

DAY SPA

TAMARIND SIGNATURE SPA RITUALS

TAMARIND'S ULTIMATE RETREAT

5 - 5.5 hours with spa grazing plates for lunch and a beverage of your choice \$695 per person

Theme - flavours of The Tamarind - star anise, black pepper, cardamon, orange, cinnamon, vanilla bean, spearmint and rose.

This full day spa journey includes:

- Relaxing aromatic foot ritual at our marble foot basins to begin your spa journey
- Full body exfoliation with a delicious vanilla bean creme polish
- Full body cocoon wrap with nourishing mineral rich clay creme with spiced chai botanicals
- Whilst cocooned, enjoy a moisturising orange creme hair masque treatment with scalp massage
- Follow this with a luxurious rain shower
- Finish the first half of your retreat with a full body vanilla bean molten balm massage, including our signature relaxation rituals
- A relaxing light spa lunch and beverage of your choice to enjoy on our spa deck or in the lounge.
- In the afternoon, indulge your skin with a tailored 75 minutes performance spa facial including a revival-eyes treatment
- To finish you will be rejuvenated with our signature ritual for hands and feet

This is the ultimate retreat for those wanting to experience relaxed luxury at its finest and complete rejuvenation of body and mind. It is ideal as restorative alone time or as a divinely indulgent couples' sanctuary.

Enjoy a complimentary upgrade with 30 minutes in our private hydrotherapy room or our signature Spa Anise bathing ritual (both dependent on availability at time of booking). Please note this will extend the treatment time to 5.5 hours.

Spa Anise^{*}

DAY SPA

SPICE OF LIFE

2.5 hours \$375 per person

Theme - spices of life - star anise, black pepper, cardamon, vanilla bean, cinnamon and maple.

This spa ritual includes:

- Relaxing aromatic foot ritual at our marble foot basins to begin your spa journey
- Full body spiced chai sugar smoother to intensely exfoliate dull or devitalised skin
- Rinse off with a luxurious rain shower
- A full body molten balm vanilla bean massage to restore hydration
- Finished with an intensive repairing spiced maple performance spa facial

For those wanting a head-to- toe treatment, to soothe the soul and leave the body and mind completely revitalised, this beautiful experience is the perfect time to share with a friend or loved one. Add breakfast before at The Tamarind restaurant or spa cuisine after for lunch to tailor this day to your liking.

Enjoy a complimentary upgrade with 30 minutes in our private hydrotherapy room or our signature Spa Anise bathing ritual (both dependent on availability). Please note this will extend the treatment time to 3 hours.

LEMONGRASS RENEWAL RITUAL

2 hours \$310 per person

Theme - lemongrass revival - lemongrass green tea and ginseng.

This spa ritual includes:

- Relaxing aromatic foot ritual at our marble foot basins to begin your spa journey
- Full body lemongrass and green tea creme polish to boost lymphatic flow
- Then a detoxifying full body lemongrass creme cocoon wrap
- With a tailored power spa facial to brighten and clarify the skin
- Finished with a full body lemongrass molten balm massage to refresh body and mind.

The very best revitaliser for the weary traveller or if you just want to kick into holiday mode whilst still feeling energetic enough to leap straight into other activities. This refreshing ritual is ideal for couples or groups who want to incorporate a spa treatment into their time-out whilst still having time for other activities.

Spa Anise

DAY SPA

ORGANIC PEACE

2 hours \$310 per person

Theme - peace, love and vanilla beans - vanilla bean, organic honey, cocoa and mango.

This spa ritual includes:

- Relaxing aromatic foot ritual at our marble foot basins to begin your spa journey
- Full body vanilla bean creme polish to gently exfoliate and smooth
- Full body cocoon wrap with a luscious blend of organic honey and rich organic cocoa butter
- A full body molten mango seed and vanilla bean relaxing balm massage to heal and protect
- Completed with a calming petit spa facial to soothe the most sensitive of skins

Bliss out at the hands of our expert therapists, while you are transported to a realm of total peace and relaxation, where smooth supple skin reigns supreme! Suitable for those wanting a gentle rejuvenation of body and mind. Great for individuals and couples or friends wanting a heavenly pampering session. Also suitable for pregnancy (2-3rd trimester).

TAMARIND RELAXED LUXURY FOR COUPLES

2 hours each \$295

Theme - rose and guava or spearmint and ginkgo both with a touch of tranquillity.

Relaxed luxury ritual one

- Full body aromatherapy massage
- Petit spa facial or power spa facial
- Fabulous feet

Relaxed luxury ritual two

- 30 minutes aromatherapy back massage
- 60 minutes facial of your choice
- Healing hands

Both rituals are deeply restorative treatments with the choice of where your treatment focus lies. The first ritual is focussed on massage as the foundation, whilst still including a facial and foot treatment to leave the entire body restored and relaxed. Ritual two is centred around a regenerative performance spa facial for those who want to not only feel relaxed but to see the results in their skin. This is the perfect combination for every couple, where you get to choose your own spa journey.

Spa Anise

DAY SPA

BLISSFUL BABY MOON

1.5 hours \$220 per person

Theme - nourish your body - lavender, sandalwood, kiwi, raspberry and apple

This spa ritual includes:

- Full body pregnancy massage using a luxury prenatal aromatherapy serum with lavender and sandalwood. Designed to nourish skin and relax the mind while gently releasing tension
- A soothing petit spa facial to gently cleanse away impurities and restore glow with a brightening fruit gommage containing kiwi, raspberry and apple whipped into pink clay

This is time just for you to relax before the baby arrives. Perfect for mum's to be from the 2nd trimester onwards. If you are still in your first trimester speak to us about other options. Pair this with a lime caviar ritual or a 90 minutes massage for your partner.

LIME CAVIAR REVIVAL RITUAL

1.5 hours \$220 per person

Theme - native Australian fruits - Australian lime caviar, Kakadu Plum, vitamin C and mandarin.

This spa ritual includes:

- A lime caviar sugar smoother for the back area
- Removed with relaxing aromatic hot towels
- A soothing hydration for the back with a lime caviar and mandarin molten body balm
- A redefining and luminating 60 minutes lime caviar spa facial with Kakadu Plum and intense doses of vitamin C to brighten

Glow from the inside out with this perfect combination of a restoring treatment for your skin and a refresher for the body and mind. A brilliant foundational treatment and you can add an 'extra spice' (page 10) to truly reinvent yourself with this treatment. Good for groups and couples.

Spa Anise

DAY SPA

SUGAR SMOOTHING RITUALS

1.5 hours \$220 per person

Theme - sugar and spice and all things native and nice.

Choose from a delectable array of flavours of the Tamarind for your full body sugar smoothing ritual and molten balm massage.

Thai basil, mint and lime
Native Australian lime caviar
Lemongrass and green tea
Tamarind's pink mimosa
Spiced chai

This spa ritual includes:

- Full body sugar smoothing exfoliation
- Reviving rain shower
- Full body molten balm signature relaxation massage

A delicious treat for the senses for those wanting heavenly relaxation and yet a revitalising indulgence for the skin. An ideal combination of massage and spa treatment. Great for couples or individuals.

PERFORMANCE SPA FACIALS

Our signature performance spa facials integrate the best green and clean advanced actives with omega rich botanicals to provide an anti-ageing corrective solution whilst also age-proofing the complexion.

We deliver our treatments tailored to your skin's requirements as well as allowing for ultimate relaxation and peace with beautiful touch points included such as a facial massage, neck and décolletage and a divine hand ritual.

Spa Anise

DAY SPA

SEASONAL SPA FACIAL

\$160 per person

Theme - changes with the seasons to suit the skin's requirements

Twice a year, our professionally exclusive spa range, Waterlily, releases a beautifully curated botanical seasonal spa facial that targets the precise skin requirements of that time of year. It is always exciting for us to be able to bring fresh new and exciting active treatments to our guests. Please ask about the current seasonal facial to see if it is applicable for you.

ANTI-AGING ROSE QUARTZ SPA FACIAL

\$160 per person

Theme - rose quartz, rose and jasmine and silk peptides

Layered with an active heptapeptide -7 complex, anti-ageing vitamins and hyaluronic acid to stimulate collagen, fine lines, wrinkles and pigmentation. This facial will leave you feeling revitalized and refreshed.

Intensify treatment results with the following skin perfecting enhancements - \$30 each:

- Silk peptide butter double masque
- Vitamin A super smart serum
- Vitamin C + serum infusion
- Vitamin B3 intense serum
- Superfood skin serum

BRIGHTENING LIME CAVIAR SPA FACIAL

\$160 per person

Theme - Australian natives lime caviar and Kakadu plum

Intensified with vitamin C, vitamin E and ferulic acid to target pigmentation for the ultimate hydration facial for a bright luminous clear complexion.

Intensify treatment results with the following skin perfecting enhancements- \$30 each:

- Fruit firming butter double masque
- Fruit enzyme peel
- Vitamin A super smart serum
- Vitamin C+ serum infusion
- Superfood skin serum infusion

Spa Anise

DAY SPA

REPLENISHING SPICED MAPLE SPA FACIAL \$160 PER PERSON

Theme - cinnamon, fig, pumpkin and maple

Deeply nurturing skin treatment layered with vitamin A and an intense infusion of carotene-rich pumpkin, finished with pure maple to deeply nourish and repair.

Intensify treatment results with the following skin perfecting enhancements - \$30 each:

- Honey and chamomile calming double masque
- Vitamin A super smart serum
- Vitamin C+ serum infusion
- Q10-Omega serum infusion

TAMARIND'S SIGNATURE SPA MENU

Our tailored massage is performed with Waterlily's luxury aromatherapy body serums from which you may choose on arrival.

Peace - molten mango seed butter and vitamin E with frankincense, sweet orange, rose geranium, bergamot, lavender, neroli.

Joy - an omega-rich serum layered with Fijian coconut and cocoa butter with tangerine, lime, lavender, neroli, frangipani.

Prenatal - nurturing shea butter with mandarin, sweet orange, lavender, sandalwood safe for pregnancy and for sensitive skins.

Strength - an intense omega serum with lemongrass, ginger, spearmint, black pepper, rosemary, eucalyptus leaf, and peppermint.

Love - an omega-rich serum enriched with molten cocoa butter and vitamin E with rose, black currant bud, vanilla bean, sandalwood, balsam, rosewood, geranium.

RELAXATION MASSAGE

60 minutes \$160 or 90 minutes \$220 per person

Our signature relaxation massage harmonises your body's senses and guides you into deep relaxation with calming rhythmic moves, typically for the whole body although we can tailor this to suit. A great way to unwind this massage relieves aches, stress in the body and mind and nervous tension. The perfect restorative treatment.

Spa Anise*

DAY SPA

AROMATIC LUXURY BACK MASSAGE

60 minutes only \$160 per person

This focuses on the back, neck, shoulders and head for 60 minutes. Be transported with aromatic hot compresses and calming consistent pressure with this luxurious massage which focuses intensely on the upper body (back neck and shoulders). Perfect for busy professionals needing relief from tension associated with sedentary or computer-based roles.

PREGNANCY MASSAGE

60 minutes only - \$160 per person

Ideal for our pregnant guests from 2nd trimester onwards. We offer specialist pillows for your comfort as well as a tailored aromatherapy prenatal blend. See blissful baby moon and organic peace for longer packages for mums to be.

HAHANA HOT STONE MASSAGE

90 minutes only - \$220 per person

Allow heated volcanic stones to dissolve away any stress or tension and be transported to another dimension with this deeply restorative technique. A sensory experience to harmonise body and mind. Please note we use a special virgin coconut oil with the stones and we can add sandalwood essential oil to this at your request.

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EXTRA SPICE TREATMENTS

30 minutes each

1 for \$85

2 for \$80

3 for \$75

Add these to any treatment on the menu for some extra spice!

Petit Spa Facial - double cleanse, exfoliant masque and hydration the perfect pick-me up. Suitable for sensitive skin.

Power Spa Facial - double cleanse, tailored exfoliation and masque and hydration for refining, brightening and rejuvenating. Suited to those looking for a more intense result.

Revital - eyes - double cleanse, infusion, masque and creme for treating the delicate eye area. Perfect for addressing dark circles, puffiness, fine lines and pigmentation.

Healing Hands - rose, guava and vitamin C with pink clay and omega rich oils, exfoliate and treat the hands and arms followed by a relaxing signature massage.

Fabulous Feet - spearmint ginkgo, green clay and mango seed butter, exfoliate and nourish the lower legs and feet followed by a relaxing signature massage.

Heavenly Hair - orange, cinnamon, white clay and vitamin E restore your tresses (short or long), aromatic compresses and a relaxing scalp and neck massage complete this divine treat.

Knead More Massage - add a 30 minutes relaxing tailored massage to your facial or package.

Please note for your comfort and for our therapists our maximum treatment length is 2.5 hours. If you would like a longer treatment, we are happy to arrange this for you with a short break in our spa lounge where you can order from our complimentary herbal tea menu or order snacks and drinks from our refreshment's menu or even pre-order platters (48 hours required) to have during your treatment.

BOTANICAL MANICURE AND PEDICURES OR FOOT TREATMENTS

DELUXE BOTANICAL MANICURE - with a weekly-wear polish

60 minutes \$160

- Rose, guava and vitamin C with pink clay exfoliates to remove dry skin
- Nail prep/tidy, protein bond and polish is applied, as well as any nail treatments required
- Followed by a relaxing signature massage with omega rich lotion.

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DELUXE BOTANICAL PEDICURE - with a weekly-wear polish

60 minutes \$160

- Spearmint ginkgo, green clay exfoliates
- Nail prep/tidy, protein bond and polish is applied, as well as any nail treatments required
- Finished with a nourishing balm massage of the lower legs and feet

***Please note we do not offer Shellac or Gel-cured polish removal as we cannot guarantee how long it will take or if we will be able to remove it. Please have it removed before you attend your appointment to avoid extra charges.**

BAREFOOT BLISS

60 minutes \$160 per person

Theme - spearmint and ginkgo biloba

- A smoothing spearmint and ginkgo foot polish
- Aromatic hot compresses to renew and refresh
- Our signature balm massage uses soothing techniques to relieve aching feet and leave you walking on air.

SIGNATURE SPA ANISE BATHING RITUAL

\$30 per person - allow 30 minutes

Our private luxurious signature bathing ritual is the ultimate peaceful addition to any package.

Warm aromatic water eases tension from every part of your body as you drift away listening to the sounds of the forest. Choose from an enlivening citrus infusion, crushed rose petal sensory delight or aromatic lavender, lime and geranium blend to restore while you drift off into a blissful daydream... Subject to availability at time of booking.



PRIVATE HYDROTHERAPY SESSIONS

Relax in our magnesium-infused therapeutic heated hydrotherapy pool with spa jets overlooking our forest-fringed grounds. This is your private area for the duration of hire and includes use of the steam room and rain shower as well as locker room and bathroom.

Magnesium relaxes muscular tension, soothes cramps, relieves tension and aids in soothing the nervous system to ensure a good night's sleep. Best done prior to a treatment this is the perfect way to begin your spa journey with us.

When you book this session, you will have exclusive use of the hydrotherapy room - up to 10 people

Minimum of 60 minutes hire (without a treatment) \$80 per person

OR

Add 30 minutes to your spa treatment with us for \$45 per person

Add 60 minutes to your spa treatment with us for \$65 per person