

Spa Anise
by spicers



SPICERS
PEAK LODGE



WATERLILY

Spa Anise uses the Australian brand Waterlily and its sister brand Spaceuticals. Each product is hand crafted in their botanical laboratory in Brisbane embracing the principles of fresh batched beauty. Waterlily's heritage of slow skincare ensures that ingredients are nurtured from paddock to finished product to maintain the intensity and activity of each vital nutrient. Clean, green, transdermal and intensive to deliver visible results.



signature experiences

PEAK SIGNATURE MASSAGE

Full body massage, foot treatment and scalp ritual

Indulge in a voyage of the senses. Start with a signature scented towel to the back then be guided into deep relaxation with a rhythmic full body massage. Next enjoy a bamboo and spearmint foot scrub and ginkgo foot balm to exfoliate and moisturise the feet before finishing with a deeply soothing orange hair mask and scalp treatment. Guaranteed to leave you in a state of bliss.

1.5 HRS - \$260PP

MOUNTAIN ESCAPE

Exfoliation, massage, foot treatment, facial and scalp ritual

A revitalising therapy designed with pampering in mind. This complete treatment begins with an invigorating back exfoliation, followed by a refreshing and relaxing spearmint and ginkgo foot treatment. Move on to a full body massage to melt away stress and tension.

Your mountain escape journey then continues with a tailored facial treatment designed to deeply cleanse, plump, smooth and hydrate the skin. Finish with a scalp massage with a nourishing blend of jojoba, hazelnut, apricot oil and pro vitamin B5 to release any remaining tension. A truly superior experience for face and body.

2 HRS - \$310PP

indulgent spa rituals

SOLE TO SOUL

Scalp ritual, heavenly hands and foot treatment

Combining three favorites, this mind melting therapy begins with a bamboo and spearmint foot exfoliate to invigorate the skin, and shea butter and ginkgo to leave your feet relaxed and nourished. We then give your hands the time they deserve with a hydrating hand polish. Finish with a truly relaxing hair treatment to restore a supple mind and hair that shines.

1 HR - \$200PP

SPA GETAWAY

Express massage and petit facial

A workout for the face and body, this spa treat combines a massage in the areas you need it most, along with a petit facial which offers an instant pick-me-up for any skin type.

1 HR - \$200PP

PEAK LODGE RITUAL

Hot stone back massage, petit facial, scalp and foot massage

Settle into a relaxing adventure of muscle melting proportions as hot stones work their magic on tight, tense back muscles. Your journey then continues with a facial designed to brighten, nourish and revitalise before a deeply relaxing scalp and foot massage leaves you content, relaxed and enriched.

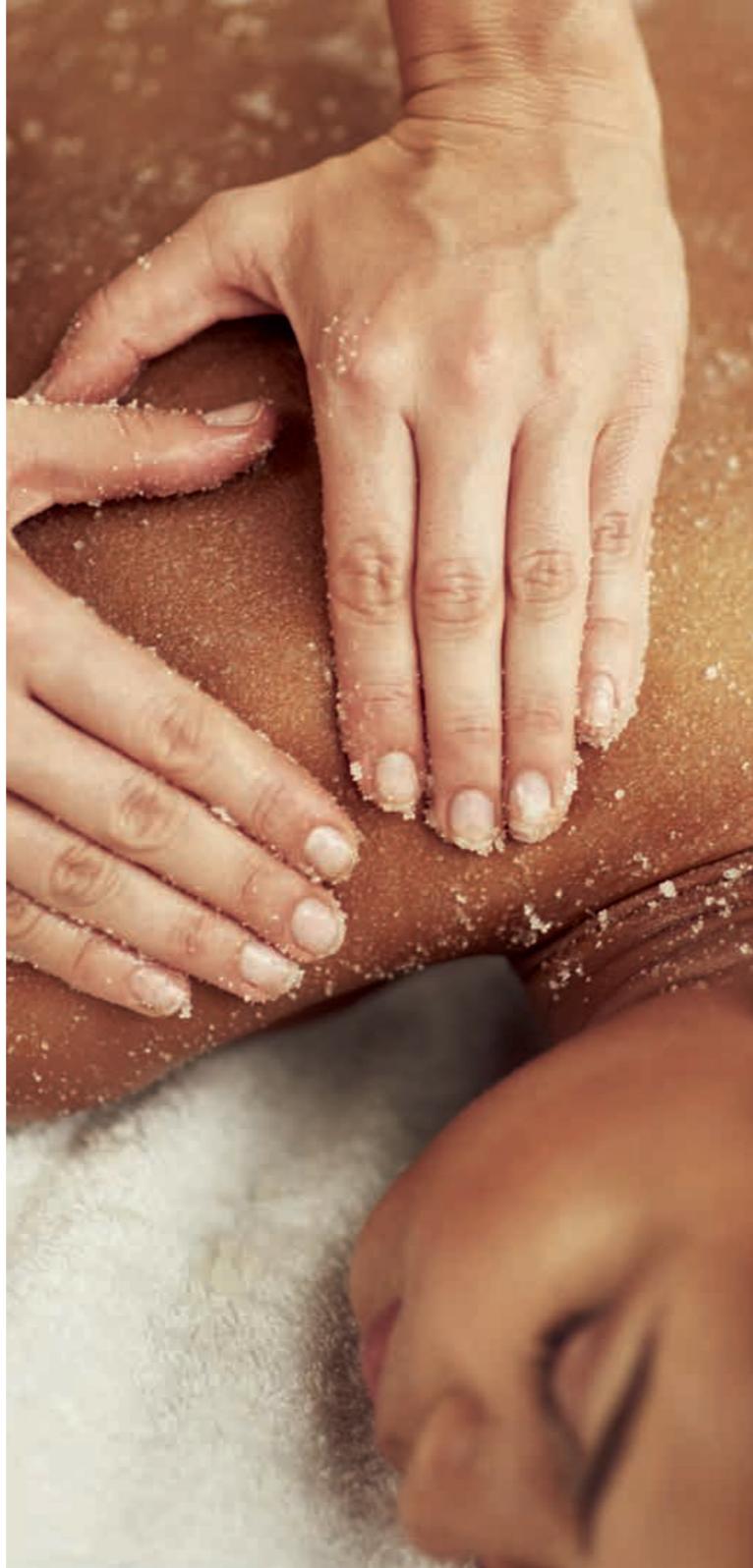
1.5 HRS - \$260PP

THE DREAMING

Complete body treatment

The dreaming is the ultimate spa journey. Using healing techniques this deeply therapeutic treatment includes a full body exfoliation and body mud wrap, relaxation massage, scalp ritual, indulgent facial and decadent hand and foot treatments. Yield to the ultimate renewal and potency of this experience through the power of nourishing pure essential oils. Emerge calm and rejuvenated.

3 HRS - \$400PP



spa facials

DELUXE SPA FACIAL

Facial, hand and foot therapy and scalp ritual

An anti-aging facial treatment designed to revitalise and replenish the skin. Rich in essential oils and active botanicals they will visibly transform the skin. While your skin is purified and hydrated, hands and feet are treated with scrubs and massage using spearmint, ginkgo, guava and vitamins. Your ritual of serenity is complete with a citrus scalp massage and hair masque.

1.5 HRS - \$260PP

SEASONAL BOTANICAL

Limited edition seasonal spa facials celebrate the changing seasons by capturing a botanical harvest bursting with active nutrients to target skin concerns while hydrating and revitalising the complexion. Our trained therapists will discuss the various options with you to suit your skin type.

1 HR - \$200PP



‘extra spice’ treatments

Add to your bliss. Select one of our main treatments and add some ‘extra spice’ to enhance your spa escape.

30 MINS - \$80 PER EACH ADDITIONAL TREATMENT

FABULOUS FEET*

Complete your spa experience with a relaxing foot massage. Bamboo and spearmint exfoliates and invigorates the skin, followed by a nourishing ginkgo and shea nut balm to hydrate.

PETIT SPA FACIAL*

An express facial designed to offer a quick pick-me-up to brighten, nourish and revitalise using pure cold press plant oils, fruit extracts, French clay and a hydrating infusion of essential oils.

HEAD IN THE CLOUDS*

A relaxing face and neck massage is followed by a pure botanical hair treatment and scalp massage to restore a supple mind and hair that shines. Delivering intense conditioning to revitalise damaged hair with a blend of jojoba, hazelnut and apricot oil fortified with marine collagen, mineral rich French clay and pro vitamin B5.

**These treatments are an ‘add on’ only and must be booked to accompany a main treatment. They cannot be booked on their own.*

aromatherapy massage

RELAXATION MASSAGE

Harmonise your body's senses with this calming full body massage using a blend of pure essential oils. Light to medium pressure will soothe aches and pains, ease nervous tension and induce healing, leaving you feeling blissful and relaxed. The perfect way to unwind.

1 HR - \$195PP | 1.5 HRS - \$250PP

DEEP TISSUE MASSAGE

An energising and healing blend of oils is applied during this deeper style massage to heal and revitalise muscles and mind. Your qualified remedial therapist will tailor your treatment using deep tissue, acupressure and muscle release techniques to target your areas of tension and pain. Perfect for those wanting a firmer style of massage.

1 HR - \$200PP | 1.5 HRS - \$260PP

HOT STONE MASSAGE

Relax, unwind and be transported to another dimension. Using rhythmic Hawaiian lomi lomi techniques to allow the stones to release their healing energies deep into the muscles, dissolving any tension and stress. A sensory experience to harmonise the body, mind and spirit.

1.5 HRS - \$260PP

PREGNANCY MASSAGE*

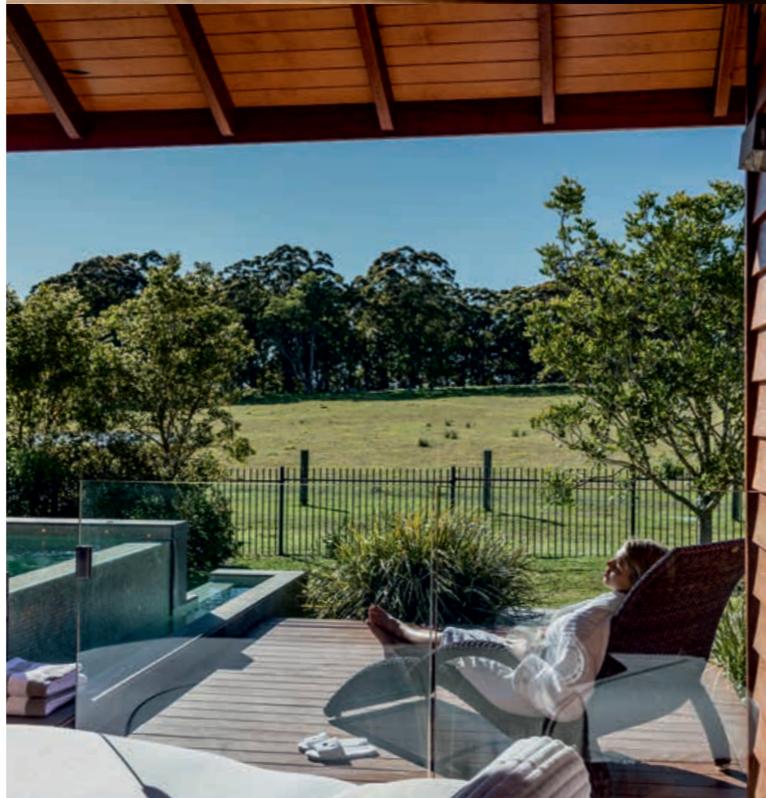
A dedicated massage to support and nurture your body. Rejoice as you and your baby enjoy the benefits of your relaxation and stillness. A calming and soothing full body massage to gently nurture, hydrate and radiate your glow.

*Available in second and third trimester only

1 HR - \$195PP

MASSAGE ADD ONS

Add an extra 30 minutes of spa bliss to any treatment for only \$80. See our 'extra spice' menu for ideas and inspiration on page prior.



the spa anise experience

SPA OPENING HOURS

The spa is open from 10am to 6pm. Other appointment times can be arranged with prior notice.

ARRIVAL

Please arrive 10 minutes prior to your allocated appointment time to enjoy a refreshment, fill out a consultation form and ensure you receive the full length of your treatment time.

SPA ATTIRE

We advise wearing something comfortable so that you can easily undress when in the treatment room. If staying in the Lodge please feel free to come in your bathrobe. Underwear is worn throughout all treatments.

HEALTH CONSULTATIONS

Your wellbeing is very important to us and it is vital that you inform us of any health conditions or pregnancy when scheduling your appointment as certain spa treatments may not be recommended.

PRIVACY AND MODESTY

Our caring and professional therapists have the utmost respect for your privacy and modesty. All personal information shared with us remains confidential. It is our intention to provide a safe, healing environment based on trust where you can truly relax.

SPA ETIQUETTE

The spa environment is quiet and peaceful. We request you leave your mobile phone in your room or switched off your bag. The spa, including outside hot tub area, is non-smoking.

SPA CANCELLATION

The time for your spa experience has been exclusively allocated for you; however, if your plans change and you wish to cancel or reschedule, we do require 12 hours' notice. Regrettably without due notice the full change of your scheduled appointment may be charged.

To book your treatment or if you have any questions, please contact reception





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