

# Spa Anise by spicers



**SPICERS**

PEAK LODGE



## Spa Anise by spicers

Spa Anise at Spicers Peak Lodge is a beautiful, purpose-built mountaintop spa retreat with specially designed single and double treatment rooms, a plunge spa pool on the deck and relaxation lounge with open stone fireplace. It's the perfect way to unwind after a day spent exploring the natural beauty of the countryside.

## Signature experiences

### PEAK SIGNATURE

#### Full body massage, foot treatment and scalp ritual

Indulge in a voyage of the senses. Start with a signature scented hot towel compress on your feet followed by a bamboo and spearmint foot scrub. You will then be guided into deep relaxation with our flowing full body massage and a foot massage with a ginkgo foot balm. Your treatment will be finished with a deeply nourishing and soothing scalp treatment using an infused orange hair mask. Guaranteed to leave you in a state of bliss.

**1.5 hours - \$280 pp**

### MOUNTAIN ESCAPE

#### Back exfoliation, full body massage, foot treatment, facial and scalp ritual

A revitalizing therapy to fully pamper you from head to toe. This holistic treatment begins with a foot hot towel compress and foot scrub, then we move our way up for a ginger glaze salt back scrub. Melt away your stress and tension with a relaxing full body massage with your chosen Waterlily body bath oil serum. Your mountain escape journey continues with a tailored facial treatment designed to deeply cleanse, plump, smooth and hydrate the skin. Complete the experience with soothing scalp massage infused with an orange hair balm.

**2 hours - \$340 pp**



## WATERLILY

*Spa Anise uses the Australian brand Waterlily and its sister brand Spaceuticals. Each product is hand crafted in their botanical laboratory in Brisbane embracing the principles of fresh batched beauty. Waterlily's heritage of slow skincare ensures that ingredients are nurtured from paddock to finished product to maintain the intensity and activity of each vital nutrient. Clean, green, transdermal and intensive to deliver visible results.*

# Massage

## AROMA TOUCH

Harmonise your body's senses with this calming relaxation massage using a blend of pure botanical essential oils. Light to medium pressure will soothe aches and pains, ease nervous tension and promote healing, leaving you feeling blissful and relaxed. This is the perfect way to unwind.

**1 hour - \$200 pp / 1.5 hours - \$260 pp**

## BODY RESTORE

An energising, firmer style of massage, infused with blended healing oils to facilitate muscle recovery and rebalance energy and flow. Your skilled massage therapist will tailor your treatment with deep pressure and muscle release techniques to target sore and tight muscle areas. A revitalizing treat for your body and mind.

**1 hour - \$220 pp / 1.5 hours - \$280 pp**

## KAHUNA STONE THERAPY

A holistic full body therapeutic massage using hot basalt stones in synergy with rhythmic Hawaiian lomi-lomi techniques to release healing energies deep into the muscles. This treatment is deeply restorative to ease tension and mental stress, a calming sensory experience to harmonise life synergies to flow freely throughout the body, mind and spirit.

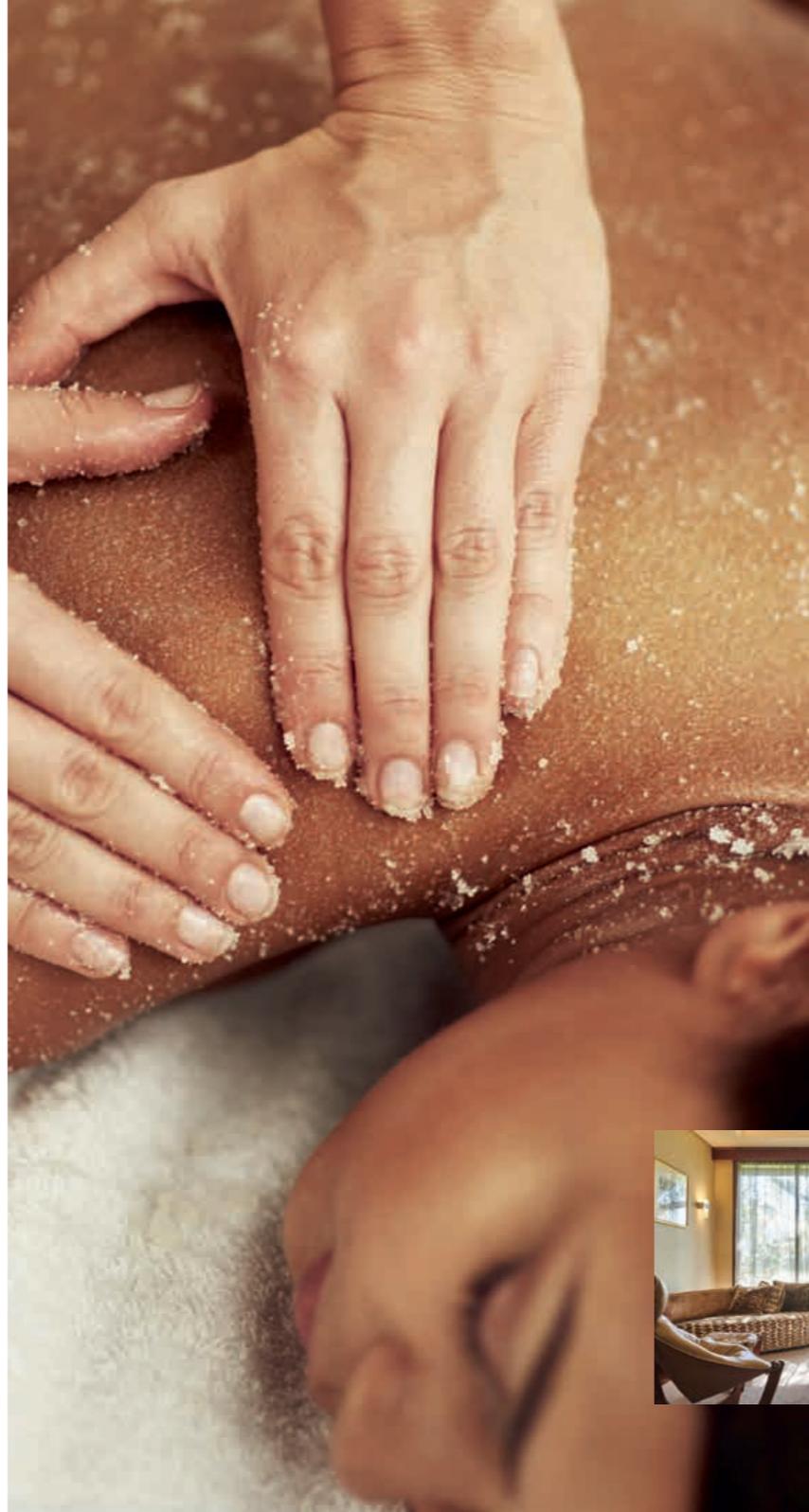
**1.5 hours - \$280 pp**

## PREGNANCY MASSAGE

**A specialised therapy for expecting mothers**

A calming and soothing full body massage to gently nurture and ease tension in sore areas during pregnancy. Available in second and third trimester only.

**1 hour - \$200 pp**



# Spa facial

## WATERLILY DELUXE FACIAL

**Facial, hand and foot treatment and scalp ritual**

An anti-ageing facial treatment rich in essential oils and active botanicals designed to visibly transform, heal and replenish the skin. While skin is being purified and hydrated, your hands and feet are treated with soothing scrubs and massage using spearmint, ginkgo, bamboo and vitamin extracts. Your ritual of serenity is complete with a scalp massage infused with an orange hair masque.

**1.5 hours - \$260 pp**

## SKIN HYDRATE FACIAL

A deeply nourishing and replenishing collagen enriching facial, packed with micro nutrients and floral and plant extracts to visibly smooth fine lines, repair and transform the skin.

A tailor-made treatment infused in vitamin C, fruit acids and protein that will restore and rejuvenate your skin.

**1 hour - \$200 pp**

## SKIN RENEW FACIAL

A transformative skin ritual designed to rebalance and recondition dull and tired looking skin. Layered with Omega essential plant extracts, fruit enzymes, berries and refined citrus that will leave your skin looking bright, luminous, refreshed and revitalised.

**1 hour - \$200 pp**



## 'Extra spice'

Add to your bliss. Select one of our main treatments and add some 'extra spice' to enhance your spa escape, or choose one of these treatments as a standalone experience.

**30 mins - \$80 per each additional treatment**  
**Standalone - \$120 pp**

### FABULOUS FEET

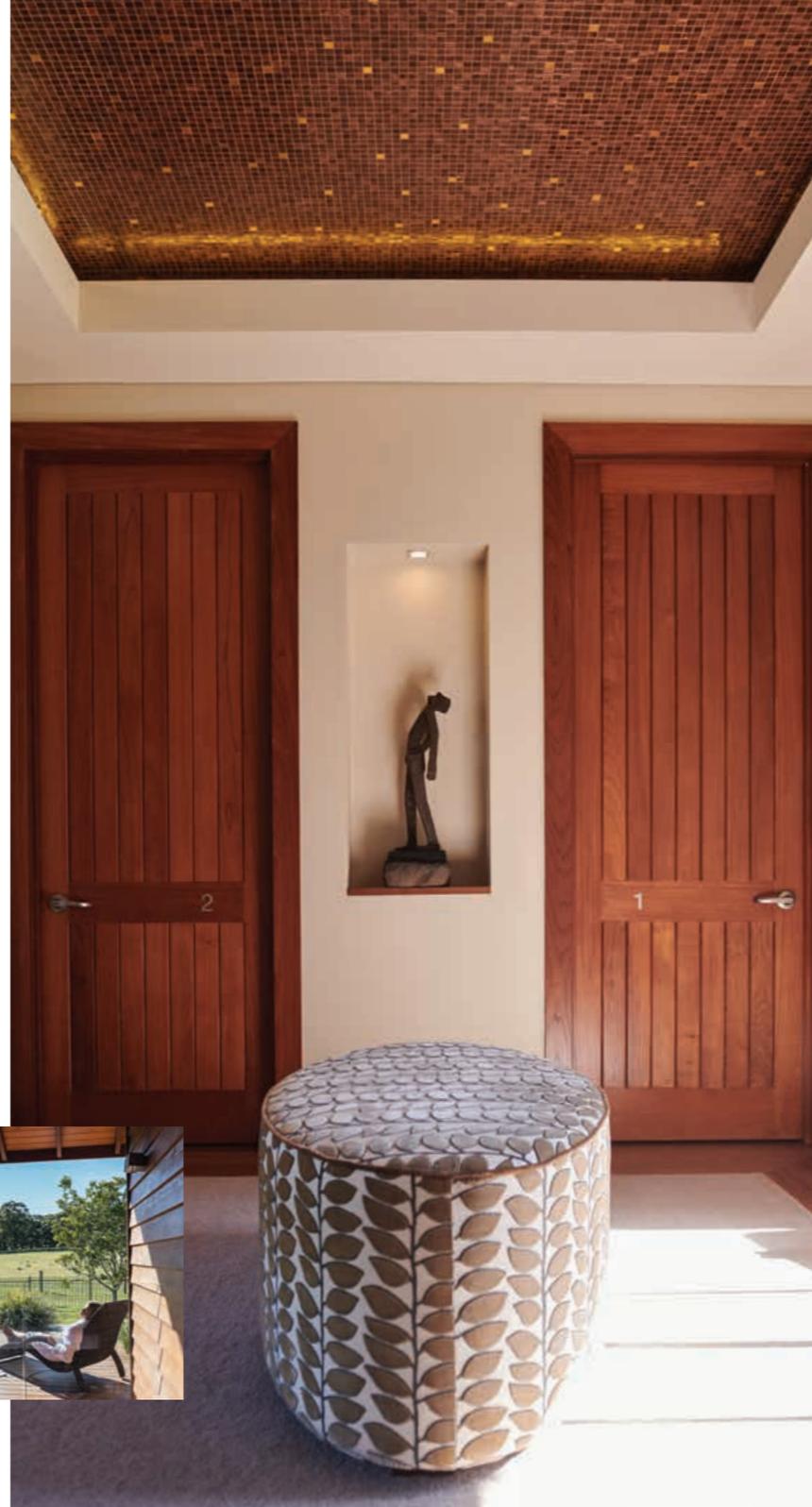
Complete your spa experience with a relaxing foot massage. Bamboo and spearmint exfoliates and invigorates the skin, followed by a nourishing ginkgo and shea nut balm to hydrate.

### PETIT SPA FACIAL

An express facial designed to offer a quick pick-me-up to brighten, nourish and revitalise using pure cold pressed plant oils, fruit extracts, French clay and a hydrating infusion of essential oils.

### HEAD IN THE CLOUDS

A relaxing face and neck massage is followed by a pure botanical hair treatment and scalp massage to restore a supple mind and hair that shines. Delivering intense conditioning to revitalise damaged hair with a blend of jojoba, hazelnut and apricot oil fortified with marine collagen, mineral rich French clay and pro vitamin B5.



## Spa packages

### SPA GETAWAY

#### Express massage and petit facial

A spa treatment that combines a massage in the areas you need it most with an express facial designed for all skin types. Walk away with a fresh and renewed healthy glow.

**1 hour - \$200 pp**

### PEAK LODGE RITUAL

#### Hot stone back massage, petit facial, scalp and foot treatment

Your adventure begins with a soothing foot hot towel compress followed by a bamboo and spearmint foot scrub. Deeply immerse yourself in an experience of muscle melting proportions. A hot stone massage will work its magic on tight, tensed back muscles. Your journey continues with a facial designed to brighten, nourish and revitalize skin before a soothing scalp treatment with orange infused hair balm leaving you relaxed and enriched.

**1.5 hours - \$280 pp**

### THE PEAK RETREAT

#### Full body scrub and wrap, full body massage, facial and scalp ritual

Let us pamper you with our ultimate spa journey. This deeply therapeutic treatment begins with a full body exfoliation and body mud wrap with a soothing scalp massage. Then indulge with a relaxing full body massage with rich blended body oil serum followed with a decadent Waterlily facial to hydrate and rejuvenate your skin for a soft and supple feel. Yield to the ultimate renewing, invigorating and grounding experience through the richness of nourishing pure essential oils.

**2.5 hours - \$460 pp**

# The Spa Anise experience

## SPA OPENING HOURS

The spa is open from 10am to 6pm. Other appointment times can be arranged with prior notice.

## ARRIVAL

Please arrive 10 minutes prior to your allocated appointment time to enjoy a refreshment, fill out a consultation form and ensure you receive the full length of your treatment time.

## SPA ATTIRE

We advise wearing something comfortable so that you can easily undress when in the treatment room. If staying in the Lodge please feel free to come in your bathrobe. Underwear is worn throughout all treatments.

## HEALTH CONSULTATIONS

Your wellbeing is very important to us and it is vital that you inform us of any health conditions or pregnancy when scheduling your appointment as certain spa treatments may not be recommended.

## PRIVACY AND MODESTY

Our caring and professional therapists have the utmost respect for your privacy and modesty. All personal information shared with us remains confidential. It is our intention to provide a safe, healing environment based on trust where you can truly relax.

## SPA ETIQUETTE

The spa environment is quiet and peaceful. We request you leave your mobile phone in your room or switched off in your bag. The spa, including the outside hot tub area, is non-smoking.

## SPA CANCELLATION

The time for your spa experience has been exclusively allocated for you; however, if your plans change and you wish to cancel or reschedule, we do require 12 hours' notice. Regrettably without due notice the full price of your scheduled appointment may be charged.

To book your treatment or if you have any questions, please contact reception.

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